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## METRO WORLD CUP PREVIEW

The 2018 World Cup is just 10 days away as we begin our eight-part countdown. 27

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AMC's 'Dietland' packs a punch. 24

Brooklyn Army Terminal turns 100. 14

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# THE HURRICANES ARE COMING

New Games
TURN TO PAGE 31

June is the start of hurricane season in the Atlantic, and the only certainty for East Coast residents is the uncertainty 2018 will bring. 4

ISTOCK

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5 THINGS TO KNOW

## WELCOME TO METRO.US

**MORGAN ROUSSEAU, MANAGING EDITOR**

It's that time of year again. And I'm not talking about the beautiful, warm weather, although that's obviously amazing. And I'm not talking about allergies, which are without a doubt making my life hell right now. I'm talking about hurricane season — it's already here! June marks the start of the 2018 Atlantic hurricane season, and meteorologists shared their predictions with us. Look inside for specifics on what to expect from Mother Nature this hurricane season, and visit Metro.us for all our storm-related coverage.

## 1 TRUMP CAN PROBABLY PARDON HIMSELF: GIULIANI

President Donald Trump, under pressure from special counsel Robert Mueller's investigation into Russia's role in the 2016 U.S. election, probably has the power to pardon himself but does not plan to do so, his attorney Rudy Giuliani said on Sunday. Asked whether Trump has the power to give himself a pardon, Giuliani said, "He's not, but he probably does." He added that Trump "has no intention of pardoning himself," but that the U.S. Constitution, which gives a president the authority to issue pardons, "doesn't say he can't." Speaking on ABC's "This Week" program, Giuliani said, "It would be an open question. I think it would probably get answered by, gosh, that's what the Constitution says." Mueller is investigating whether Russia meddled in the presidential election and whether Trump's campaign colluded with Moscow. Mueller, whose investigation already has led to criminal charges against Trump campaign aides, is also looking into whether Trump unlawfully sought to obstruct the Russia investigation. Both Russia and Trump deny collusion, and the president has denied obstructing the probe.

***Read more on page 10.***

## 2 AT LEAST 48 MIGRANTS DEAD AFTER BOAT SINKS

At least 48 migrants were killed when their boat sank off Tunisia's coast and 67 others were rescued by the coast guard, officials said on Sunday, one of the worst migrant boat accidents in recent years. The boat went down near the southern island of Kerkenna, a tourist spot, in the night to Sunday, the defense ministry said in a statement. The victims were Tunisians and other nationalities, it said, without giving details. The rescue operation was suspended late on Sunday but will resume on Monday morning, officials said. Human traffickers increasingly use Tunisia as a launch pad for migrants heading to Europe as Libya's coast guard, aided by armed groups, has tightened controls. Security officials said the boat was packed with about 180 migrants, including 80 from other African countries. A survivor said the captain had abandoned the boat after it started sinking to escape arrest by the coast guard. "I survived by clinging to wood for nine hours," he said at a hospital in the southern city of Sfax where dozens of people gathered to look for survivors and identify dead relatives.

## 3 ANNUAL CELEBRATE ISRAEL PARADE MARCHES UP NEW YORK'S FIFTH AVENUE

Gov. Andrew Cuomo marches during the annual Celebrate Israel Parade on Sunday in New York City. Security was tight for the event, which marked the 70th anniversary of the founding of Israel.

GETTY IMAGES

## 4 MAYOR VOWS TO DROP ADMISSIONS EXAMS

High-stakes admissions tests could be a thing of the past for city elite high schools, according to Mayor Bill de Blasio. In a weekend op-ed piece, the mayor unveiled a plan to rid the city's elite high schools — including Stuyvesant and Bronx Science — of standard admissions exams in an effort to increase minority enrollment in the top-tier schools. "Right now, we are living with monumental injustice. The prestigious high schools make 5,000 admissions offers to incoming ninth-graders," de Blasio wrote in an op-ed for the educational news website Chalkbeat. "Yet, this year just 172 black students and 298 Latino students received offers. This happened in a city where two out of every three eighth-graders in our public schools are Latino or black." One of the mayor's plans includes expanding the city's Discovery Program, offering 20 percent of specialized high school seats to economically disadvantaged students who narrowly missed the test cut-off. "Now, a disadvantaged student who is just a point or two shy of the cut-off won't be blocked from a great educational opportunity," de Blasio said.

## 5 FANS TOLD TO BURN MESSI SHIRTS IF HE PLAYS ISRAEL

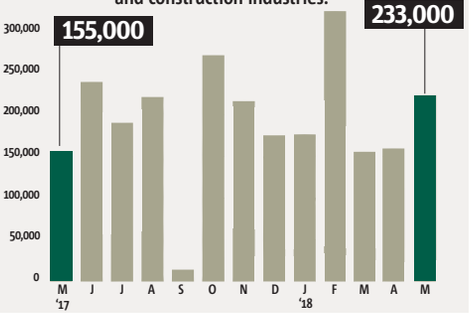
The Palestine Football Association chief urged fans on Sunday to burn pictures of Argentina striker Lionel Messi and replicas of his shirt if he plays against Israel in Jerusalem next weekend. Twice world champions Argentina will play at Jerusalem's Teddy Kollek Stadium on Saturday night in a World Cup warm-up match that has attracted huge interest among the Israeli fans, mainly because of Messi's planned participation. But the Palestinians are not happy that the match will be held in Jerusalem and Palestinian FA chief Jibril Rajoub wrote to Claudio Tapia, the head of the Argentinian FA, last week accusing Israel of using the match as a "political tool." The stadium that will host the match is in west Jerusalem. The Palestinians want the eastern part of the city as the capital of a future state that will include the Gaza Strip and the Israeli-occupied West Bank. "The Israeli government has turned a regular sports match into a political tool. As was widely covered in Argentinian media, the match now is being played in order to celebrate the '70th anniversary of the State of Israel,'" part of Rajoub's letter said.

STATS

U.S BUREAU OF LABOR STATISTICS

## UNEMPLOYMENT RATE

**Approximately 223,000 jobs were created in May 2018, and the national unemployment rate dipped from 3.9 percent to 3.8 percent, according to the Bureau of Labor Statistics. Job growth increased in retail trade, health care and construction industries.**



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# More than 720K NYC-area homes at risk of storm damage this hurricane season: Report

Hurricane season begins in June, and a new report broke down how many homes in cities and states along the coast are at risk of storm damage.

KRISTIN TOUSSAINT
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People walk near the remains of burned homes after Hurricane Sandy in Breezy Point, Queens. New York City was hit especially hard by Sandy with wide spread power outages and flooding. GETTY IMAGES

**No. 2**

**New York City is the second most at-risk city in the U.S. for storm damage.**

June marks the start of the Atlantic hurricane season, and that means that millions of homes along the coast could be at risk of storm damage.

In New York City alone, more than 726,000 homes are at risk of storm damage like flooding from a storm surge, making it the second most at-risk city in the nation behind Miami, Florida, according to a new report.

Forecasters are predicting 10 to 16 named storms this hurricane season, according to the National Oceanic and Atmospheric Administration, of which five to nine could become hurricanes with winds of 74 miles per hour or higher.

One to four of those storms, forecasters say, could become major hurricanes, meaning Category 3, 4, or 5 with winds of 111 miles per hour or higher.

That puts more than 6.9 million homes along the Atlantic and Gulf Coasts at potential risk, according to CoreLogic, a property information and analytics company, totaling more than $1.6 trillion in reconstruction cost value.

CoreLogic's report broke down the top 15 metropolitan areas with the most homes at risk of storm damage, as well as the total number of at-risk homes in 19 states along the coast.

| Rank | Metropolitan Area | Total Homes at Risk of Storm Surge | Total Estimated RCV |
|---|---|---|---|
| 1 | Miami, FL | 788,679 | $156,109,638,962 |
| 2 | New York, NY | 726,048 | $277,316,495,768 |
| 3 | Tampa, FL | 459,082 | $79,154,913,706 |

CORELOGIC 2018

New York City's hundreds of thousands of at-risk homes have a reconstruction cost value of more than $277 billion, higher than the value of the 788,000 Miami homes.

Tampa, New Orleans and Virginia Beach were ranked behind New York in terms of metro areas with the most at-risk homes, but other northern cities made the top 15 as well. Philadelphia came in at No. 11, with more than 165,000 homes at risk of storm surge, and Boston at No. 14, with more than 126,000 homes at risk.

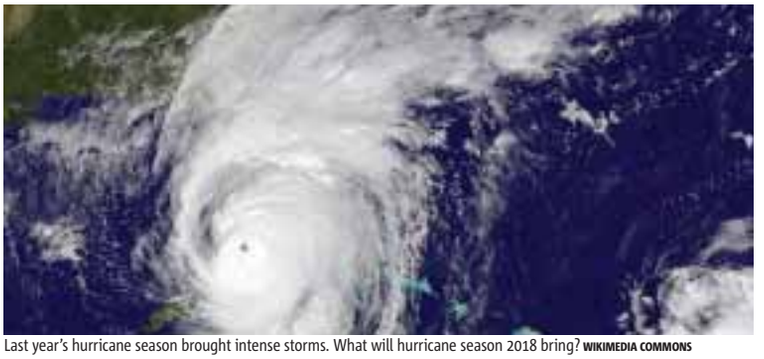
In terms of statewide storm risk, New Jersey ranked fourth, with more than 471,000 homes that could be affected by a moderate (Category 4 or 5) storm, totaling more than $146 million in reconstruction costs.

New York was right behind at No.5, with 462,000 homes at risk, more than $190 million in reconstruction value.

NYC Emergency Management is urging New Yorkers to prepare for hurricane season by figuring out if they live in one of the city's six hurricane evacuation zones.

Called the "Know Your Zone" campaign, the public service announcements officialled kicked off on Friday. New Yorkers can use the Hurricane Evacuation Zone Finder at NYC.gov/knowyourzone or call 311 (212-639-9675 for Video Relay Service, or TTY: 212-504-4115) to find out if their address is located in an evacuation zone. "If you live in an evacuation zone," the city says, "have a plan for where you will go if an evacuation order is issued for your area."

# Unpredictability is this year's hurricane prediction



Last year's hurricane season brought intense storms. What will hurricane season 2018 bring? WIKIMEDIA COMMONS

From Hurricane Maria, which Puerto Rico is still reeling from, to Hurricane Harvey, which devastated Houston, Texas, thousands were affected by tropical storms and hurricanes in 2017, so what will this year's hurricane season bring?

And it's already that time again, as June 1 marked the opening of hurricane season 2018 in the Atlantic. From now until the end of November, there will be a chance of powerful storms coming across the ocean and hitting the East Coast.

The National Oceanic and Atmospheric Association's Climate Prediction Center is currently forecasting an average hurricane season, with a 75 percent chance that this year's will be "near or above normal."

Forecasters are giving this year a 70 percent likelihood of seeing 10 to 16 named storms, with winds of at least 39 miles per hour. Five to nine of those could become hurricanes with winds of 74 mph or higher, including one to four major hurricanes (Category 3, 4 or 5; with winds of 111 mph or higher). They even already have the names lined up.

For comparison, an average hurricane season produces 12 named storms, six of which become hurricanes, including three major hurricanes.

It may seem early to gauge just how many storms will develop in the Atlantic Ocean during the hurricane season, but scientists say forecasting has come a long way.

"With the advances made in hardware and computing over the course of the last year, the ability of NOAA scientists to both predict the path of storms and warn Americans who may find themselves in harm's way is unprecedented," said Secretary of Commerce Wilbur Ross in a statement. "The devastating hurricane season of 2017 demonstrated the necessity for prompt and accurate hurricane forecasts."

Still, these forecasts are just preliminary, and there is some uncertainty. Plus, NOAA predicts only storms that form in the ocean, not how many storms will hit land.

"Hurricane landfalls are largely determined by the weather patterns in place as the hurricane approaches, which are only predictable when the storm is within several days of making landfall," NOAA forecasters say.

Because of this uncertainty, experts are encouraging people to prepare for storms as soon as possible — regardless of the specific outlook for the 2018 hurricane season. KRISTIN TOUSSAINT

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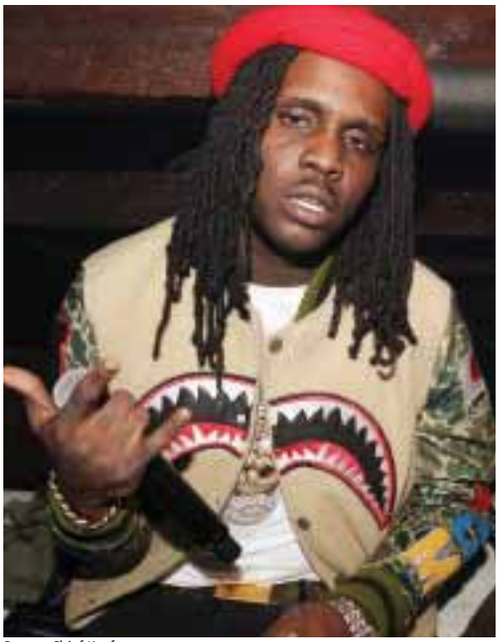
# Chief Keef points finger at rival rapper after being shot at



Rapper Chief Keef GETTY IMAGES

Bullets flew in front of Times Square's W Hotel early Saturday morning, striking no one but possibly escalating a feud between Keef and Tekashi69.

SARAH LUOMA
letters@metro.us

Shots rang out in the early morning hours on Saturday in New York's Times Square. Rapper Chief Keef was the reportedly the target of those bullets that missed him and struck the sign of the W Hotel instead near Broadway and W. 47th St.

The incident occurred around 6 a.m. when Chief Keef was standing outside after returning from a night out of partying. Police are currently looking for two suspects in the case, two African-American males both wearing black hoodies.

According to Page Six, Keef whose real name is Keith Farrelle Cozart, blamed the shooting on rival rapper Tekashi 69.

"It's just beef between me and the rapper 6ix9ine," Keef said, according to Page Six.

The news website TMZ reported that officers discovered a shell casing at the scene and will continue to investigate whether Chief Keef was the target.

Recently, Keef has been embroiled in a feud with the 22-year-old Bushwick native, whose real name is Daniel Hernandez. Keef and Tekashi69 have been fighting back and forth on social media. Tekashi69 recently took to Instagram, saying "no one cares about what Chief Keef and Lil Reese did three or four years ago."

Tekashi69 GETTY IMAGES

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CUNY

# City honors child protective specialists with first-ever appreciation week

"This citywide week of appreciation is a chance for New Yorkers to thank the people who serve as first responders for children," said ACS Commissioner David A. Hansell.

NIKKI M. MASCALI
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"I think it's amazing because I don't think the public realizes how much we have to put our families on hold to make sure your kid is safe," says CPS Supervisor Marie Henry. BESS ADLER

When you think about first responders, your first thought is probably the NYPD or FDNY, but with its first-ever citywide week of appreciation, the Administration for Children's Services wants you to start including child protective specialists in your thought process.

"Child protective specialists care deeply about children, and they work around the clock to make sure kids are safe and families have the support they need," ACS Commissioner David A. Hansell told Metro. "Too often, the work of child protective specialists is invisible or misunderstood, and this citywide week of appreciation is a chance for New Yorkers to thank the people who serve as first responders for children."

According to the ACS, there are roughly 1,700 CPS that work in 17 offices across the five boroughs and investigate nearly 60,000 reported cases of child abuse or neglect each year.

It's often a thankless job, one that also often garners negative press or public misconceptions, which is why CPS Supervisor Marie Henry is thankful for the appreciation week, which runs through June 10.

"I think it's amazing because I don't think the public realizes how much we have to put our families on hold to make sure your kid is safe," she shared. "If you look at how many successful stories we have as opposed to what's portrayed in the media, it's a great thing to be recognized. Everyone likes to be applauded for their achievements, which is something you don't normally see when it comes to CPS, but you do with the NYPD, FDNY, but when are we openly rewarded in the public?"

Right now actually, as part of the appreciation week, ACS employees like Henry, who has been with the department for 10 years, will be featured in an ad campaign and on a newly launched ACS microsite to highlight them and their jobs, which also aims to inspire others to consider a career with child services.

ACS plans to hire 400 new specialists over the next few months, and while the job is often intense and, again, thankless, Henry said it also has its rewards, such as getting updates and graduation pictures from past clients years later.

"You get to see a family stay together, see them strengthen, and to be that agent of change, to be the one to work with them and work with them over time, it's very rewarding," she said. "If you like servicing others, it's a great opportunity. And if your passion is to work with kids, this is definitely the agency. That's our goal — to focus on the well-being of every child and their safety."

*For more info, visit nyc.gov/CPS.*

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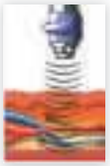

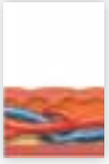

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**Dr. David Shusterman**
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Renowned Top Doctor
Expert in Sexual Function
Expert in Increasing Size
Founder and Developer
20 years treating ED
**SexUrologist.com**

# Treatment offers new hope for erectile dysfunction

If you're at war with erectile dysfunction (ED), you're not alone. In fact, one in every four new patients is under the age of 40, according to the *Journal of Sexual Medicine*. While it may be comforting to know that it's more common than you think, you're probably more concerned with getting it under control. And we don't blame you—ED takes a serious toll on relationships, intimacy and overall well-being.

Enter ErectionWave, an innovative new approach that flips traditional ED treatment on its head. More often than not, the go-to answer is a lifetime Viagra prescription. The big downside here is that this really only treats the symptom, not the underlying problem. It also leaves you completely dependent on medication to enjoy a satisfying sex life.

Founded by a renowned Board Certified Urologist Dr. David Shusterman, ErectionWave is different in that it improves sex without medication. As the name implies, it directs high-frequency waves toward blood vessels that are normally narrow or blocked. This, in turn, optimizes blood flow, allowing for naturally strong erections. This holistic treatment also increases the size of penile veins *and* increases nerve function.

Translation: it's a noninvasive treatment option that actually gets to the root of erectile dysfunction.

Dr. Shusterman and his team of experienced sex function specialists are dedicated to eliminating the need for penile pumps, injections, and drugs like Viagra. They also offer highly effective alternative treatments that go beyond ErectionWave therapy. One pathway is hormone replacement—an umbrella term that covers a wide array of robust therapy options that are completely tailored to each individual patient. Addressing any hormonal causes of ED is critical to improving sexual desire and, ultimately, getting on the other side of erectile dysfunction.

Another successful option for men with ED is something known as the Priapus shot, aptly named after the Greek god of virility. The P-shot, as it's called, is a non-surgical, completely pain-free penis injection that serves double duty: improving sexual performance and increasing penis size by up to 3.5 centimeters; a game changer for those who are at the end of their rope with erectile dysfunction. It also leverages your own regenerative cells, making it completely safe and totally natural.

Ready to tackle your ED once and for all? Book an appointment with Dr. Shusterman at NY Urology, located at 800 Second Avenue on the corner of 42nd Street. Call **212-661-0060** to take the first step toward a healthy, satisfying sex life.

Having the ability to pardon himself is a sweet perk for this president, according to columnist Ellis Henican. GETTY IMAGES

TRUMP'S AMERICA

# I BEG MY PARDON, MR. MUELLER

Analysis

**ELLIS HENICAN**

Metro columnist Ellis Henican is the best-selling author of a dozen books. Join Ellis on Twitter @henican.

Pardon me!

What used to be a perfectly polite expression could soon be a full-blown constitutional crisis, thanks to the potential prosecution known officially as the United States of America vs. Donald John Trump.

That became painfully plain over the weekend.

In a confidential, 20-page letter to Special Counsel Robert Mueller, two of Trump's attorneys argued a bold proposition: that the president really is beyond the long arm of the law. Here's the money quote: "The president not only has unfettered statutory and constitutional authority to terminate the FBI director, he also has constitutional authority to direct the Justice Department to open or close an investigation, and, of course, the power to pardon any person before, during, or after an investigation and/or conviction."

Most definitely including himself.

How's that for a sweet perk of office? Even Catholic priests aren't allowed to forgive their own sins.

Then, Rudy Giuliani, the latest addition to the Trump legal team, agreed with a shrug, telling ABC's George Stephanopoulos that the president "probably does" have the authority to pardon himself. Not that Trump would ever think of doing such a thing, of course. "The political ramifications of that would be tough," Rudy conceded.

Well, sure they'd be. Despite our national cynicism, most Americans still cling to the concept of legal equality. After Rudy spoke, Republicans and Democrats across the country piled the warnings high. "I don't think a president should pardon themselves," said House Majority Leader Kevin McCarthy. Preet Bharara, the fired U.S. attorney in Manhattan, called such a move "almost self-executing impeachment."

Clearly, a self-pardon would be dicey business. But compared to what?

Compared to getting impeached by Congress? Compared to getting convicted by the Senate? Compared to being indicted, convicted and sent to federal prison? A little political heat might be tolerable for a man who's already skated past "Mexican rapists," "John McCain's no hero" and "Access Hollywood."

Since you and I were children, we've been hearing that "nobody is above that law, not even the president."

Well, if Trump's legal team is to be believed now, we can dump that old expression into the round filing cabinet by the door, along with Rudy's law-and-order reputation and Roseanne's NAACP plaques.

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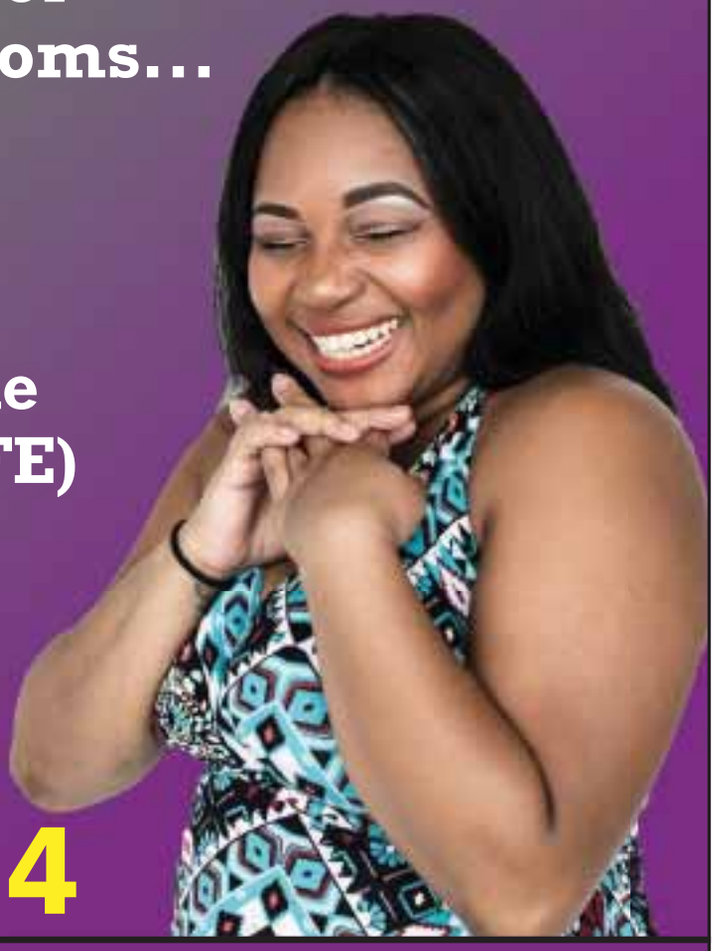

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# Scenes from Governors Ball 2018

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The Yeah Yeah Yeahs performed on Day 1 of the Governors Ball.

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# Brooklyn Army Terminal celebrates 100th anniversary with big plans for future

A new industrial space was unveiled last week at Brooklyn Army Terminal which will bring in more jobs, city officials said.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

The new industrial space at the Brooklyn Army Terminal will house up to 20 companies and bring more than 1,000 jobs.
PROVIDED BY NYCEDC

It's never too late to try something new, and the Brooklyn Army Terminal, now in its 100th year, is truly embodying that expression.

City officials unveiled 500,000 square feet of new industrial area at the terminal on Thursday, which marked the space's official 100th anniversary.

This new refurbished space wraps up work that spanned five mayoral administrations, according to the NYC Economic Development Corporation, but it's only the beginning of the Brooklyn Army Terminal's new life as a "modern manufacturing hub," officials hope.

The 500,00 square feet of industrial space will bring more than 1,000 new jobs, the city said, and new terminal tenants like Tailored Industry, an on-demand 3D-printed clothing company and Ephemeral Solutions, a BioBAT company developing semi-permanent tattoo ink.

"Over the past century, New York City has changed dramatically, but there has been one constant on the Sunset Park waterfront: the Brooklyn Army Terminal," said NYCEDC President and CEO James Patchett in a statement.

"It has a storied past as a military supply base, and thanks to the de Blasio Administration's investments, a bright future as a modern industrial campus," he added. "NYCEDC is proud to have helped usher the Terminal into the 21st century, giving emerging companies space to grow and bringing thousands of good-paying jobs to the greater Brooklyn community."

Up to 20 companies will be able to fit in the new industrial space, officials said, at a more affordable rate than other areas.

Brooklyn Army Terminal will also become a hub for arts, culture and community gatherings. With the NYC Ferry connecting Manhattan to the area, it can be more accessible as a destination. Starting this summer, the city will bring new eateries to the terminal and host community programing leading up to the Brooklyn Army Terminal Block Party in September.

"The Brooklyn Army Terminal's centennial marks a milestone moment for our borough, as we celebrate the transformation of this once-critical military facility to a state-of-the-art hub for industrial innovation," said Brooklyn Borough President Eric Adams in a statement. " I see a bright future ahead for this one-of-a-kind manufacturing campus, as the sun rises on a new century in Sunset Park."

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# Brooklyn Bridge Park is finally getting a permanent swimming pool

COURTESY OF BROOKLYN BRIDGE PARK

Brooklyn Bridge Park is getting a new pool — and this time, it will be permanent.

The new pool will be built at Squibb Park, currently an unused paved area that serves as an access point to the park from Middagh Street via the famous bouncy Squibb Bridge, located between Piers 1 and 2. The project is still very much in the planning stages with an estimated opening date before Summer 2020, and estimated to cost between $10 million and $15 million.

Brooklyn Bridge Park has had a pop-up pool since 2012 at Pier 2, though at just 3.5 feet deep most of the swimming was done by kids (and limited to 45-minute sessions). The pop-up pool's final season will be this summer, opening June 27.

"As a world-class park, we are always striving to provide the best amenities and activities for park visitors," Brooklyn Bridge Park President Eric Landau says in a statement. "The temporary pop-up pool has been a much-loved summer attraction, and now we are thrilled to announce plans to bring a permanent pool to Brooklyn Bridge Park."

The park will get input from the community during planning sessions coming in the summer and fall, when it plans to put out a call for design ideas. NYC Parks is set to be in charge of the pool's development, operation and maintenance as well as "related amenities." Squibb Park already has public bathrooms, and the Conservancy didn't specify whether additional services would be included. EVA KIS

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# "Demand Soars For Innovative Arthritis Treatment FDA

## *NYC Pain MD* doctors offer powerful, cutting-edge arthritis treatment… prepares for overw

**By Matt Edgar**
*America's Health Writer*

Arthritis sufferers can't get it fast enough and doctors offering it can't keep up with the demand. "Results are better than even I anticipated" noted one of the treating docs at the ***NY Pain MD*** Center for Non-Surgical Medical Relief Of Spine And Joint Pain with two locations right here in NYC.

He was referring to their innovative arthritis treatment program featuring Advanced Image-guided "Visco-Supplementation" at the conveniently located clinics..

"The response continues to be overwhelming. Once patients found out there was an FDA cleared, doctor-administered arthritis treatment that actually works – without the side effects of oral pain pills or risks of replacement surgery - and has enough scientific research that it is covered by many insurances and even Part B medicare – the offices continue to be deluged with arthritis pain sufferers wanting to find if they, too, can be helped. And newer research indicates it can help hips, ankles and shoulders as well".

### What Is This Treatment And How Does It Work?

If you are suffering with knee (or other joint) arthritis and pain, you are not alone. Degenerative joint disease or "arthritis" affects 21 mil-lion Americans and typically involves the weight bearing joints – like your knees. According to the American College of Rheumatology, nearly 70% of people over the age of 70 have x-ray evidence of the disease (and the ranks of much younger victims of this progressive disorder continue to grow significantly).

**The worst thing is:** Arthritis can be devastating. The pain can keep you up at night and make getting out of bed and moving around a daunting task. The pain and stiffness can suck all the happiness and joy right out of your life

And up until now, treatment options have not been that good… or that appealing to most patients. The basic protocol has been a steady diet of toxic pain pills until your joints completely wear out and then it's time to surgically replace the knee joint.

**Read This If You Have Already Had Treatment Without Good Results**

Even if you've failed Synvisc, Supartz, or other arthritis programs or had "blind" procedures, good results may still be possible when using ***NY Pain MD*** methods utilizing Precision Arthritis Targeting Technology (P.A.T.T). To achieve the best results.

### But Now Things Have Changed

Osteoarthritis is a joint disease that mostly affects the cartilage. Cartilages the tissue that covers the ends on bones in a joint. When healthy, cartilage allows bones to glide smoothly over one another and acts as a shock absorber. Your" normal" knee also contains a small amount of fluid called synovial fluid. This synovial fluid is a thick, gel-like solution that cushions and lubricates the joint–much like oil lubricates the engine of your car.

In osteoarthritis, the synovial fluid loses it's lubricating properties and "dries up" allowing the cartilage to break down and wear away. This is *like running your car with little or no oil.* Now as you attempt to use your knee(s), there is not enough lubrication causing the bones to grind together resulting in pain, swelling, stiffness and the joint continues to wear out. This is a vicious cycle and can lead to bone-on-bone rubbing and excruciating pain. Pain pills do NOT lubricate the joint or fix the problem. They simply mask the pain so you do not feel the pain as your joints continue to deteriorate. The eventual repercussions of this are obvious.

### "Visco" Is Very Different

And here is why: It contains hyaluronate, one of the two natural lubricating agents found in your own synovial fluid. Viscosupplementation is precisely introduced directly in to your knee joint in a series of 3-5 treatments (depending on severity) over a 4 to 6 week period. This instantly cushions the joint, reduces friction and allows greater motion with less pain or no pain at all in some cases.

This treatment not only lubricates the joint, but it acts as a shock absorber helping reduce grinding, inflammation and pain. **Here's something very important to consider:** Even though these lubricating medicines are non-toxic natural substances and are NOT considered a drug, it is NOT something you can get at your local health food store. It is scientifically researched and produced by pharmaceutical companies, FDA cleared and can ONLY be administered by a qualified Doctor.

### What's Results Can You Expect?

According to one developers and manufacturers of these special gel medicines ... "A course of treatment –will relieve pain in a majority of patients for 6 months without the safety concerns of non-steroidal anti-inflammatory drug (NSAID) therapy. In many patients, the effect is likely to last even longer than 6 months. "And the best part is: Since these gel lubricants are natural substances; they can be used over and re over when necessary without risk. If it works for you, you may be able to look forward to years with less pain.

### Who Should Consider Viscosupplementation... Where Can You Get It And... When Should You Start?

You should certainly consider The ***NY Pain MD*** method if you have been diagnosed with knee arthritis or told you need a knee replacement. If you have not been diagnosed with arthritis but have either knee pain, stiffness, swelling, difficulty walking or climbing stairs or loss of motion in the knee – you should have an examination to determine what the cause of your problem is. If you have any of those issues mentioned, there is a very good chance you already have-or are starting to get arthritis.

### Very Important – Do Not Wait - Here's Why …

Studies indicate that if the arthritis is caught soon enough, the cushioning effect of the treatments c may be able to help the knee heal and possibly, slow the arthritis thus help avoid joint replacement surgery. In other words, the sooner you start – the better. Does the procedure hurt? A local anesthetic is given to numb the area and the procedure is virtually painless. Most patients say it feels like nothing more than a slight "pinching" sensation… that's it.

### Why Treatments At *NYC Pain MD* Are So Extremely Precise

Our doctors are particularly well-trained in a state-of-the-art digital fluoroscopic imaging - also known at Precision Arthritis Targeting - which allows them to see directly inside the joint during the procedure and get the natural cushioning medicine exactly where it needs to go. This makes sure treatments have the best possibility for maximum success. This is crucial because studies indicate that when doing these types of procedures - without digital imaging - it can miss the joint space up to 30% of the time rendering the treatment outcomes less effective.

### How To Check Out This Breakthrough Treatment And See It Is Right For You For FREE

All the doctors at ***NY Pain MD*** are extremely excited about the response and results with this wonderful treatment and would like to share it with as many arthritis sufferers as possible.

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**But There Is A Problem…**

Even though this advanced treatment can help many patients, it is not a wonder cure or a magic wand. It does not help everyone. For that reason, every potential patient should have a complete examination. You will only be accepted if we feel you are most likely to get the pain relief and outcome you are looking for.

**Here's How To Get A Free Screening at NYC Pain MD**

Simply call 877-568-8350 and when Aura, Travis or Priscilla answers the phone tell them you want your No-Obligation "Knee Pain Screening". Discover if The ***NYC Pain MD*** Program can ease your knee arthritis pain like it has already done for so many others.

***NYC Pain MD***
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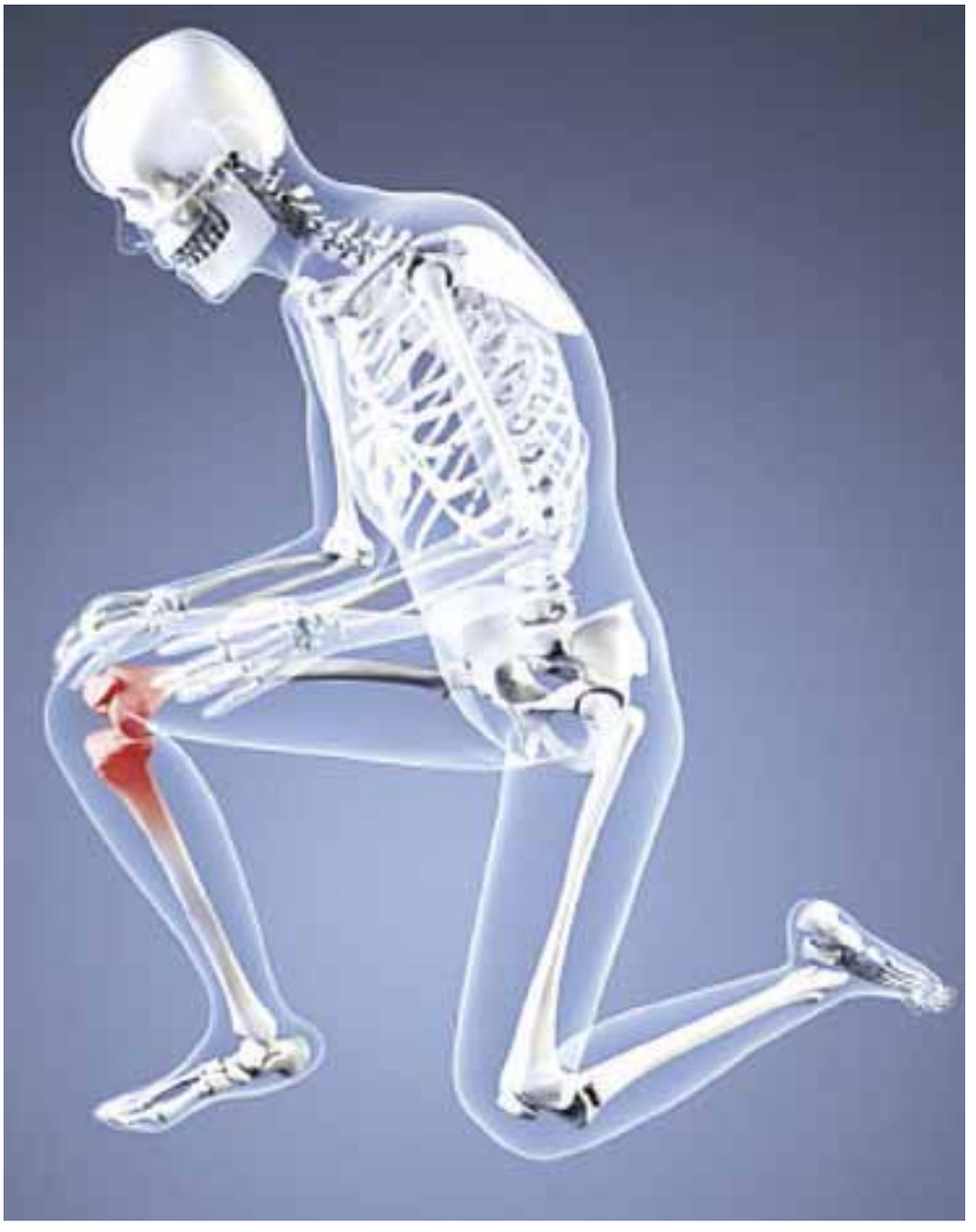
That's why ***NY Pain MD*** would like to invite you to come in for a knee arthritis screening at no cost to see if you actually are a candidate for comprehensive evaluation and possible treatment. All you have to do is call 877-568-8350 right now and when the scheduling coordinator answers the phone, let them know you want to schedule a ***"NY Pain MD Knee Pain And Arthritis Screening."*** They will know exactly what you are talking about and schedule you for our first time available. During this time you can get all of your questions answered in a warm, friendly environment and begin to find out if the ***NY Pain MD*** protocol is right for you. But if you would like to do this, you should call right now. The demand for this procedure has been overwhelming with hundreds calling weekly. Since our doctors cannot possible screen everyone and we always make sure to give every single patient the personal attention they deserve, we have to limit these encounter. Therefore, the number of No-Cost, No Obligation screenings is limited to just 20. But… just imagine how it would feel to have much, if not all, of your knee pain finally gone. Imagine going to bed and being able to sleep through the entire night – and waking up refreshed and energized… ready to take on the brand new day… without the arthritis pain that's been terrorizing you and ruining your life. And imagine finally knowing you have a treatment to manage the pain caused by your knee arthritis. Well, you may not have to just



"imagine" any more… because our specialized medical regimen could be the answer you've been looking for. If you'd like to find out - at no cost to you - if we can help, simply give ***NY Pain MD*** a call at 877-568-8350 right now. Why wait one more day in pain when you may not have to? Call now before some one else get's your spot.

**One More Thing & This Is Important…**

Ever since offering this innovative treatment, our office has been flooded with calls. For that reason, if when you call, the lines are busy or you get voice mail… just keep calling back. The possibility of living pain-free is well worth the effort it may take to get through to ***NY Pain MD*** schedule your No-Cost, No-Obligation screening.

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# Help name the new Prospect Park Lake weed harvester

The new Prospect Park Lake aquatic weed harvester controls the growth of plants like water primrose and duckweed.
PAUL MARTINKA/PROSPECT PARK ALLIANCE

You may see a new machine sucking up scum at Prospect Park Lake. It's an aquatic weed harvester — and you can help name it.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

The original "Lake Mess Monster" that sucked up weeds and scum in Prospect Park Lake is no more, but a new aquatic weed harvester has officially launched in its place — and you can help name it.

The Prospect Park Alliance along with City Council Members Brad Lander and Mathieu Eugene announced on Friday the launch of a new $140,000 aquatic weed harvester.

This machine offers an environmentally sound way to control the growth of invasive water plants in the 55-acre lake, officials said, keeping the water quality pristine and the ecosystem healthy.

Christian Zimmerman, vice president for Capital and Landscape Management with the Prospect Park Alliance, said this machine is so important because just like with a lawn, undesirable plants grow in the lake and need to be removed.

"Later on in the summer there's a plant called water primrose that grows," he said, "and what it does is it'll cover the surface of the water, so this thing will come in and it'll remove them and open up the surface of the water."

Prospect Park Lake has been without a weed harvester for three years, Zimmerman said, after the original, which was dubbed the "Lake Mess Monster," had to be retired. This new machine comes thanks to the Participatory Budgeting Project.

Residents throughout District 39, which includes Park Slope, Carroll Gardens, Kensington and Gowanus, voted on their favorite projects to fund last year, and the weed harvester won the top spot.

"Who knew that an aquatic weed harvester could be a celebration of democracy?" said Lander, who represents District 39, at the launch of the machine at the Shelby White and Leon Levy Esplanade.

Lander called the lake the "heart" of Prospect Park, and thanked those residents willing to invest in the natural space.

From now until June 30, New Yorkers can submit a name to dub the new "Lake Mess Monster" something just as unique by going to prospectpark.org/namingcontest. The Prospect Park Alliance will narrow down the list and allow the public to vote for their pick in July.

Zimmerman hadn't thought of any options, he said. He's leaving it to the public, a fitting thank you for funding the machine.

"People love this thing, when they see this thing floating along the water, because it's such an odd looking structure," he said. "I love the fact that it was voted through the Participatory Budgeting, so that's why we should have the participatory naming."

**$140K**
The cost of an aquatic weed harvester.

@metro newyork

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## Restaurants that are cash only

*Pat King*
*Grumble Editor*

Uhhhh. Can I write you a check? ISTOCK

Last week, my wife and I went to one of our favorite restaurants in our neighborhood for a nice little after-work dinner. Call it a "date," if you will. And, like every other time we go there, we forgot that this place is one of those "cash only" restaurants and sadly we were only equipped with our debit cards. Normally this wouldn't be the biggest deal in the world. A little annoying, sure. But, we then had to go to three different ATM machines after the first two were out of service. By the time we finally got some cash, our stomachs felt like they were turning in on themselves, and we found ourselves getting hangrier and hangrier with each passing moment. I understand that by being "cash only" it can help businesses to divvy up tips to their staff and account for the money that comes and goes out easier. But, come on, man! We live in a digital world ,and it's not unreasonable to have a wallet free of wrinkled up pieces paper. Get with the times!

**READER RESPONSES:**

**PHONE ZOMBIES! EVERYWHERE!**
It is hard to believe so many phone zombies are still alive. Twice at the same corner while waiting within a small crowd for the walk sign I have seen one walk through us and go on into the street with head down to walk into a slow moving car, fortunately going slow after the intersection, then stagger on with head down. One ran into my shopping cart on a crowded sidewalk and never reacted to the wheels going over her foot. And coming toward me on the sidewalk when I am on the far right side means you and my cart are sharing the same space. Listen, that cart can stop quickly, but soon or later one of you will not stop fast enough while I am yelling to watch out and I am not going to be at fault for your collision. Look up, Zombies. Please.
- **Margaret Hayward**,
*Metro US reader*

**PEOPLE WHO DON'T UNDERSTAND SELF-CHECKOUT MACHINES!**
Self-checkout has been a blessing! But what grinds my gears is the fact that there's only two-four machines at most locations, one usually doesn't work, and at EVERY location there's someone who has 30 products and doesn't know how to use the machine, or the machine telling you that you haven't bagged an item that you know you definitely bagged, which holds up the line because now you have to wait for an associate who's helping the person who doesn't know how to use the machine with 30 items. LOL! Someone who scans a bunch of stuff then decides they really don't want half the stuff. SMH!. Self-checkout should be 10 items or less, period!
- **Melissa Akens**,
*Metro US reader*

**VENT TO US!**
**GRUMBLE@METRO.US**

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## caption this photo

Every day we will post a new photo and give you the chance to send in the funniest caption to go along with it. We'll publish the best caption the following day. Send us your best ideas to **@metronewyork @metroboston @metrophilly**

The winning caption from Annie Rawlings, *Metro Philly reader*

**TOMORROW'S PHOTO:**

## metro.us/horoscopes

**Aries** The help you offer others will not go unnoticed. If you take pride in what you do and offer cost-efficient alternatives, you will be given something in return.

**Taurus** Don't let uncertainty take the reins. Make a calculated move to put your plans in motion. Bold, decisive action is what's called for.

**Gemini** Put more energy into taking care of whatever job or responsibility you've been handed if you want to outmaneuver the competition.

**Cancer** Look for any opportunity to use your creative skills, assist others or bring about positive change. Listen to people and methodically respond to their concerns.

**Leo** If you make a physical contribution to an organization you believe in, you will make worthwhile connections. Collaborating with others will lead to new opportunities.

**Virgo** Take a greater interest in what's available and make changes based on current trends and new possibilities. An unusual partnership will prompt you to make a personal move.

**Libra** Travel, communication, networking and collaboration will help support your beliefs, skills and talent. Problems at home should be handled with care.

**Scorpio** Count your money, look over your investments and steer clear of joint ventures. You are best off sticking to people who don't judge you and offer unique points of view.

**Sagittarius** Concentrate on making money, not on spending it. Don't feel the need to help someone who is looking for a handout or using persuasive tactics to take advantage of you.

**Capricorn** Personal improvements are encouraged. Pay close attention to important relationships, and take time to do something special for someone you love. A change of plans will be in your best interest.

**Aquarius** High energy can help you accomplish much, but you'll have regrets if you are too quick to bring about change. A carefully considered plan is in your best interest.

**Pisces** Personal gain is within reach. Mull over your investments and make adjustments to them. Get together with someone from your past or arrange a special evening with a loved one. EUGENIA LAST

LIFESTYLE

# Summer starts early

Sleep under the blue whale at the American Museum of Natural History's Night at the Museum. PROVIDED

The season may not start until June 21, but New York City's cultural calendar is already in high gear. We've got your guide to June's essential events.

EVA KIS
eva.kis@metro.us

**Kick off Brooklyn's biggest concert series**
Every year, BRIC Celebrate Brooklyn! Festival broadens the city's horizons with dozens of shows by an unbelievable lineup of artists to the Prospect Park Bandshell. This year's 31-show season kicks off with a free concert by Common on June 5; other highlights include The Decemberists (June 13) and Courtney Barnett (July 25). Other productions include dance and multimedia works. *June 5-Aug. 11, Prospect Park Bandshell, bricartsmedia.org*

**Find a new favorite pre-show restaurant**
You won't have to wonder where to eat in the Theater District after Taste of Times Square, a lively street fair with grub from more than 40 area restaurants, accompanied by live performances (of course). Entry is free, but to try the dishes (priced between $2 and $6) you'll need to buy books of tickets. *June 5, 5-9 p.m., 46th Street between Broadway and 10th Avenue*

**All about the brass**
Find trumpets, French horns, saxophones and any other instrument made to party at the first-ever New York Brass Festival at the McKittrick Hotel. The 10-hour marathon of performances will span genres from Balkan funk-jazz outfit Slavic Soul Party to the psycho-mambo sounds of Gato Loco. *June 10, 2 p.m.-midnight, $45, nybrassfest.com*

**The year's most educational block party**
The Upper East Side's museums all throw open their doors and bring culture to the streets during the annual Museum Mile Festival. Fifth Avenue closes down from 82nd to 105th streets with tons of entertainment, activities and free admission to all seven museums along the way, from the Guggenheim to El Museo del Barrio. *June 12, 6-9 p.m., free, museummilefestival.org*

**Wave your rainbow flag**
The LGBT movement is never going back in the closet again. Celebrate the community during Pride Week with tons of events from the kickoff rally and annual spectacular parade to the two-day music festival Pride Island, a family-friendly block party and events all over the city. *June 14-24, nycpride.org*

**Dance to the hits of the Jazz Age**
All the Dapper Dans and flapper girls head to Governors Island for two throwback weekends every summer where everything is from the 1920s and '30s. The spirit of the era lives again at the Jazz Age Lawn Party, with live music from headliner/host Michael Arenella and His Dreamland Orchestra and many more, plus all the usual trappings: dancing, cocktails, photo ops, vintage shopping, lawn games and more. *June 16-17 and Aug. 25-26, $35, jazzagelawnparty.eventbrite.com*

Public pools open June 27! GETTY IMAGES

**March with the fishes**
Coney Island's spectacular Mermaid Parade of all that is beautiful, bearded and proudly freaky takes over Surf Avenue for an afternoon of the most eye-popping costumes, floats and characters you'll see anywhere. Leading the wildness this year are the proudly strange couple of Neil Gaiman and Amanda Palmer. *June 16, 1 p.m., parade starts at West 21st Street and Surf Avenue*

**The country's best BBQ comes to NYC**
The Big Apple Barbecue Block Party isn't just any cookout. The massive party takes over Madison Square Park with pits and smokers and grills run by 15 of the country's best BBQ joints from Georgia, Texas, the Carolinas and beyond, serving up pulled pork sandwiches and smoked chicken wings and ribs, so many ribs. *June 9-10, 11 a.m.-6 p.m., free entry, bigapplebbq.org*

**Broadway's sexiest night**
Once a year, more than 150 Broadway performers get frisky in a themed night of striptease. Broadway Bares delivers exactly what it promises, with two shows of original songs and choreography that leave nothing to the imagination, and it's all to benefit Broadway Cares/Equity Fights AIDS. *June 17, 9:30 p.m. & midnight, $65+, Hammerstein Ballroom, broadwaybares.com*

**A wildly multicultural street fest**
Where else are you going to find a block party that mashes up Jewish, Chinese and Puerto Rican flavors and traditions? Egg Rolls, Egg Creams & Empanadas is a project of the Museum at Eldridge Street to highlight all the cultures of its neighborhood with Chinese opera followed by klezmer music, Puerto Rican artists and challah-braiding demonstrations, craft workshops where you'll make yarmulkes and lace, a mah jongg tournament and more. *June 17, noon-4 p.m., free, eldridgestreet.org*

**Get to know Lower Manhattan**
The list of reasons to head downtown is grow-

All the beautiful life on land and sea come to Coney Island for the Mermaid Parade. NORMAN BLAKE

ing by the day, from hot new restaurants to the new riverside concert venue on the roof of Pier 17 at the Seaport District. On Night at the Museums, take a whirlwind tour of 13 cultural and historical institutions, all for free with special events like a literary scavenger hunt at Poets House. *June 19, 4-8 p.m., nightatthemuseums.org*

Jazz Age Lawn Party
BESS ADLER

**Sleep under the sea**
The American Museum of Natural History does sleepovers for kids all the time, but June 22 is your grown-up chance to spendA Night at the Museum with the dinosaurs and mummies. Your ticket includes a champagne reception, dinner buffet and breakfast — in between, you'll have total run of the museum's halls until it's bedtime under the blue whale in the Milstein Hall of Ocean Life. *$350, must be 21+, amnh.org*

**Dine under the stars in Prospect Park**
Wear your festive best to the Prospect Park Soiree, the second annual dinner party under the stars benefitting the Prospect Park Alliance. You bring the food, wine, tableware and all your fabulous friends, they'll bring the live music, lawn games, tables and chairs. Proceeds support the park's maintenance and programs. *June 23, $50, must be 21+, 5-10 p.m., 95 Prospect Park W., soiree.prospectpark.org*

**Take a dip at a public pool**
Because sand is a problem for some people (and let's be honest, the city's best beaches are kind of a haul), New York City has 53 public pools, and they're opening for the season on June 27. Swimming hours are 11 a.m. to 7 p.m. with a midday cleaning break at 3 p.m., because we know you were thinking about it. *Through Sept. 9, mini pools close Labor Day*

**Where art and music meet**
Come for the EDM-focused concert series of over 75 DJs, musicians and singers, stay for the cutting-edge art exhibits and outdoor installations at Warm Up at MoMa PS1. The Museum of Modern Art's venue for up-and-coming artists resumes its popular concert series (with, yes, drinks) every Saturday of the summer. *June 30-Sept. 1, noon-9 p.m., moma.org*

**A weekend festival where pink is the rule**
Two summer essentials — rosé and music festivals — come together at Pinknic, the weekend-long celebration of pink wine on Governors Island. Over 16,000 guests are expected, and all in pink (check the dress code, even for guys!), for a weekend of Champagne and frose drinks, concerts featuring headliners Klingande and Autograf, games more returns. *June 30-July 1, $115, pinknic.com*

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The sides of my toenails dig into the skin and hurt.
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I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
My toes aren't straight- they are all cocked-up, bent and hurt.
I have painful calluses on the ball of my foot which keep building up.
I have corns on my toes which get thick no matter what shoe size I wear.
The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
I have cramps in my legs which always happen when I walk the same distance.
My calluses are swollen most of the time.
My feet are always dry and scaly – sometimes they itch.
My feet just hurt all over when I stand or walk a lot.
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Get ready for another heist with "Ocean's 8." BARRY WETCHER/WARNER BROS.

The Incredibles are back this summer. DISNEY/PIXAR

# Your 2018 summer *blockbusters guide*

There are dinosaurs galore, a one-legged Rock and even more Josh Brolin.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

It has been a busy few weeks for movie blockbusters. At the end of April, "Avengers: Infinity War" kick-started the summer season with a record-breaking haul, while "Deadpool 2" was just as outrageous and hysterical as its predecessor, but had much more impressive action this time around. But the summer is far from over. And even though upcoming releases won't come close to the gross of "Infinity War," there are still some very exciting new blockbusters on the horizon.

## "Ocean's Eight"(6/8)

"Ocean's 12" and Ocean's 13 were so underwhelming it's easy to forget just how cool and entertaining "Ocean's 11" genuinely was. Hopefully "Ocean's 8" will have much more in common with the 2001 heist film than its follow-ups, and with a cast that includes Sandra Bullock, Cate Blanchett, Anne Hathaway, Mindy Paling, Sarah Paulson, Awkwafina, Rihanna and Helena Bonham Carter it might even eclipse it.

## "Hereditary" (6/8)

Every summer there's usually one seemingly tiny horror film that crosses over into the mainstream. Last year "It Comes at Night" quadrupled its budget, while the year before "The Conjuring 2" made over $320 million and "Don't Breathe" grossed $157 million after costing just $9.9 million. "Hereditary" is set to be 2018's summer horror sensation, as it wowed audiences at Sundance, already has a score of 100 percent on Rotten Tomatoes and, most importantly, looks downright terrifying.

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NYC Pain MD is a medical clinic with 2 locations in New York City that has medical doctors specially trained in some of the most advanced, cutting edge knee arthritis treatments available today.

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This free information kit contains a video and report that will also explain the two arthritis treatments paths you should know about and what "Precision Arthritis Targeting Technology" is and why it has already helped so many arthritis sufferers.

**How To Get Your Information Kit…**

All you have to do is go to **painmdny.com/knee** and click the button that says "Click here to get a free knee arthritis treatment info kit."

Then put your name and email address in the space provided and you will be emailed a video and PDF report detailing what treatment options could be the best for your arthritis pain and how we might be able to help you.

We will also send you a way to get a free screening to see if you qualify for one of the advanced medical treatments. ***It is 100% free with no further obligation.***

If you are interested in the screening… awesome. If not, that's ok, too... at least you will have all the information and options.

**And if you don't have email...**

you can click the red "knee pain" button and you will instantly watch a video detailing some of your best options. If you are looking for proof... I think you will find it on this website.

After getting this information and watching the video... you will breathe a big sigh of relief knowing what your best options are and what treatments might finally relieve some or even all of your knee arthritis pain.

**And let's be crystal clear about this…** NYC Pain MD is a real medical clinic with real medical doctors.

You will be getting real quality information about real medical treatments.

This is NOT some fake "wonder cure." In fact… you will NEVER see any guarantee of results. This is because… in the world or science and real medicine… Guaranteeing results is impossible.

Every patients is different… and so are the results. Any doctor (or marketer!) telling you different is lying to you. I have seen some of the "miracle cure" ads that are everywhere. I bet you have too.

That being said… We will be completely upfront and honest with you. Refreshing... isn't it?

So… if you are looking for up to date... honest information about some of the best possible medical treatments for knee arthritis pain…

Go here **painmdny.com/knee** and request the information kit or just watch the videos on that page.

Or if you would like to reserve a free screening before they are all gone call 800-301-4250 right now.

The dinosaurs are on the run again. UNIVERSAL PICTURES

### "Incredibles 2" (6/15)

It shouldn't be forgotten that long before "Iron Man" launched the MCU in 2008, it was actually "The Incredibles" that helped to rejuvenated the superhero film. For many, it is still the pinnacle of the genre, too, as Pixar's hysterical and action-packed exploration of a family of superheroes is still a blast 14 years on. That puts even more pressure on its upcoming sequel, which picks up where the original left off.

### "Jurassic World: Fallen Kingdom" (6/22)

"Jurassic World" was always expected to do well at the box office, but no one could quite believe that it went on to make $1.67 billion back in 2015. "Fallen Kingdom" is the follow-up, and while it isn't expected to match the aforementioned sum, the involvement of J.A. Bayona has cinephiles hoping it will eclipse its predecessor in quality.

### "Sicario: Day of the Soldado' – (6/29)

Josh Brolin has already recently caused problems for the Avengers and Deadpool. But arguably the most intriguing film to feature the Academy Award-nominated actor this summer is "Sicario: Day of the Soldado," the follow-up to 2015's "Sicario." And although it doesn't feature Emily Blunt, the sight of Brolin and Benicio del Toro wreaking havoc against Mexican cartels should be more than enough.

### "Ant-Man and the Wasp" (7/6)

"Black Panther" and "Avengers: Infinity War" have already made 2018 a very successful year for Marvel. "Ant-Man and the Wasp" won't come close to their gargantuan sums, but it should provide a reminder of just how fun and funny the MCU can be. It is impossible to hate Paul Rudd, while the addition of Michelle Pfeiffer and Walton Goggins to the already esteemed cast of Michael Douglas and Evangeline Lily will undoubtedly boost the franchise.

Marvel's smallest heroes will try to follow-up "Infinity War." DISNEY/MARVEL STUDIOS

### "Skyscraper" (7/13)

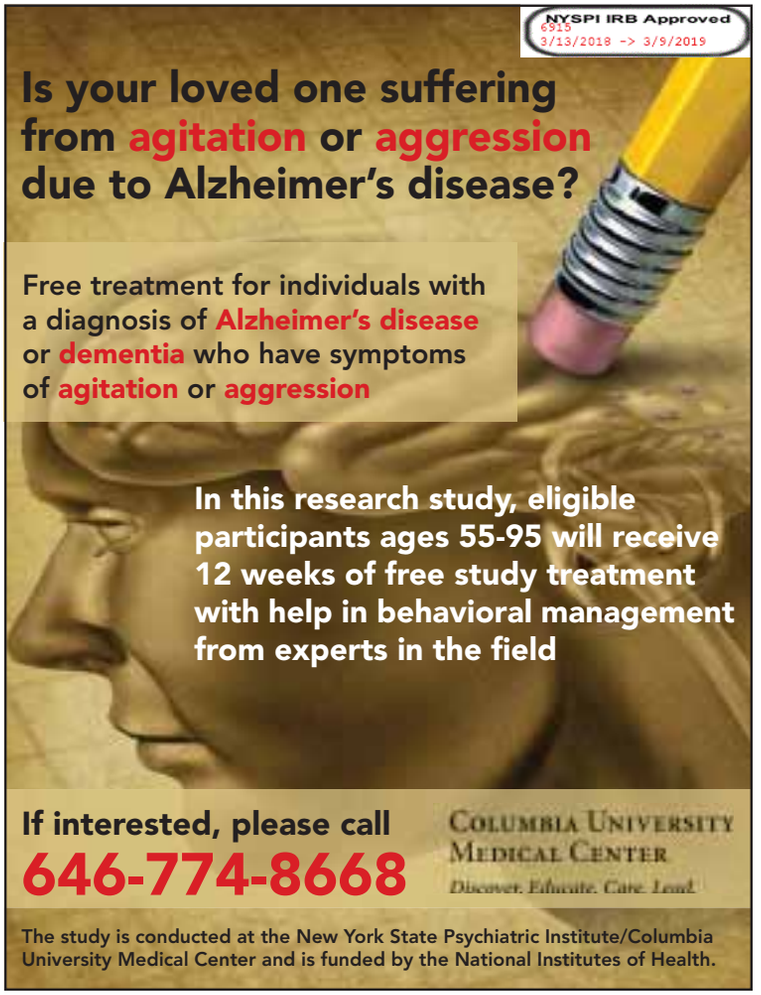
Dwayne Johnson is easily the biggest film star on the planet now. One of the main reasons for the continued growth of his status is his innate ability to know what his fans want. With "Skyscraper," Johnson recognized that they wanted to see him climb up a burning building, save his family and escape from it, all with one leg.

### "Mission: Impossible – Fallout" (7/27)

"Mission: Impossible" is the fine wine of movie franchises, it just keeps getting better and better and better with age. "Ghost Protocol" and "Rogue Nation" weren't just the two most successful installments yet financially, but they also featured the series' most spectacular stunts and set-pieces ever, too.
Tom Cruise will be hell-bent on making sure that "Fallout" eclipses them all.

### "The Meg" (8/10)

It is Jason Statham against a giant prehistoric shark. Need we say more?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# AMC enters the #MeToo era with 'Dietland'

Joy Nash and Julianna Margulies star in Marti Noxon's timely new series.

ANDREW HUSBAND
letters@metro.us

{The new AMC series "Dietland" debuts on Monday night. ERIK MADIGAN HECK/AMC

At first glance, AMC's "Dietland" looks like yet another version of the 2006 film "The Devil Wears Prada," in which would-be writer Andy (Anne Hathaway) struggles to impress editor Miranda Priestly (Meryl Streep).

Joy Nash and Julianna Margulies star as Plum Kettle and Kitty Montgomery, the new show's Andy and Miranda, respectively. Aside from the industry setting, however, that's where the comparison stops, as Marti Noxon's "Dietland" is about far more than career women.

Like Sarai Walker's 2015 novel "Dietland," the show confronts the dangers of the beauty industry, notions of self-worth and retaliation against bad men for violence against women. It sounds like a weird mix on paper, and the TV adaptation does not stray too far from this weirdness. Yet it's also incredibly timely. The #MeToo and #Time'sUp movements are still going strong, and the man whose allegations of sexual misconduct started it all, Harvey Weinstein, who was recently arrested, charged and indicted for rape.

"I want to make 'Fight Club' for women," Noxon recently told Variety. "We deal with the beauty industry and how beauty and violence are linked. The violence we see against women is related to the violence we do to ourselves looking for an ever-moving target, that ideal of beauty that will make us lovable and precious."

**"I want to make 'Fight Club' for women."**

**Creator Marti Noxon's explanation to Variety on what inspired her to make "Dietland."**

The showrunner, whose previous TV credits include "Buffy the Vampire Slayer," "Girlfriends' Guide to Divorce" and "UnREAL," also said the violence against men and women depicted in "Dietland" is not there for mere shock value.

"Does [revolution] require violence and a real threat to the ruling class to keep change moving forward?" she asked Variety. "Should women arm themselves?" After all, as Margulies' Montgomery puts it in a recent teaser, wine glass in her hand: "Men would rather destroy the world than let us rule it."

Billed as a "darkly comedic drama" by Deadline, "Dietland" is very much a "'Fight Club' for women," as Noxon put it, albeit one that's also a modern, warts-and-all update of "The Devil Wears Prada." Kettle is very much an Andy-like figure, and Montgomery is more often than not portrayed as an absurd, over-the-top character. Combined with the many disparate storylines of wronged women seeking vengeance against the men who hurt them, this makes for an odd mix. A timely and important one, but an odd one nonetheless.

*"Dietland" premieres Monday, June 4, at 9 p.m. on AMC.*

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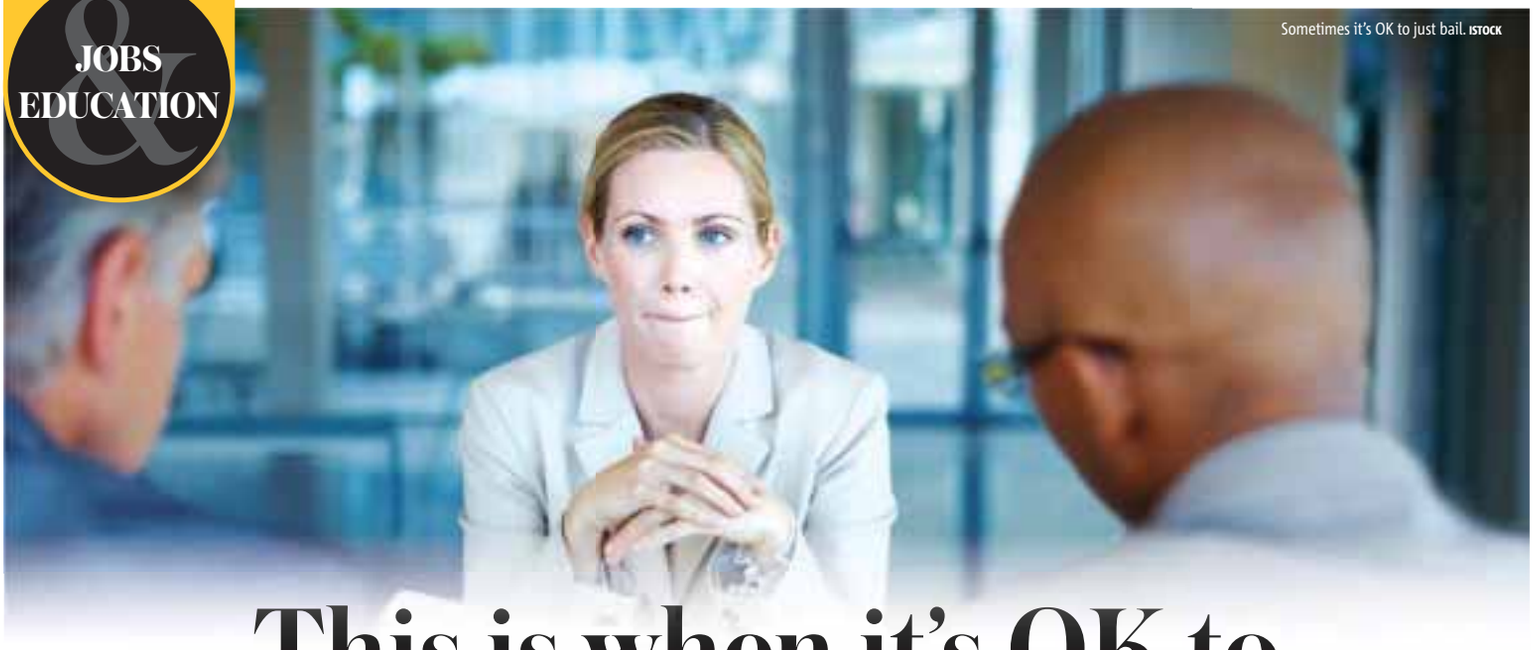
Sometimes it's OK to just bail. ISTOCK

# This is when it's OK to *walk out* of a job interview

Don't forget, this is a two-way process. Respect yourself – and don't ignore these red flags!

CHRISTIAN TAYLOR
letters@metro.us

By its very nature, the recruitment process can often feel totally one-sided. Writing lengthy applications, twisting our past experience to fit the job description, preparing for hours so we can diligently answer any question a panel may throw at us — it's all about playing the game. We present the shiniest version of ourselves in the hopes of being among the chosen few. So is it any wonder that we can sometimes lose ourselves in the process?

When you consider that we spend around a third of our waking hours at work, is it too much to ask for a job that makes us happy? If you're only at the interview stage and your inner monologue is telling you that it's time to bow out, listen!

## To thine own self be true

Before you walk into any job interview, it's essential that you know your strengths and weaknesses, and have a good sense of your own value. In competitive settings, sometimes we can willfully ignore red flags, because we have our eye on the prize. It's one thing to paint on a smile and fake it to a potential boss, but lying to yourself is the surest way to wind up in a job that you hate.

## What are the red flags to look out for?

Being asked to work free or give your own ideas as part of the recruitment process. Some industries want to see what you can do before they hire you, but there comes a point where this starts to feel like exploitation. If you feel this way in the interview, imagine how you'd feel working there. The reality of the job is different to how it was initially described. Perhaps you were misled about the salary or the hours, or maybe the commute is more difficult than you anticipated? You realize during the interview that you wouldn't take the job, even if they offered it to you. You get a bad feeling as you walk through the office.

Maybe it's unclean or the team seems unhappy? Remember, if you get the job, you'll be one of them. You feel like your time isn't being respected. Perhaps you were kept waiting without an apology? Or the interviewer is distracted by phone calls or emails? It turns out that it's not a job; it's a 'business opportunity'. Are you being asked to invest your own money in order to take the role? Are they only paying you by commission? If warning bells are ringing, don't walk – run!

Being asked inappropriate questions. e.g., Are you planning to have children soon? Are you married? Do you smoke? You feel intimidated or insulted. Do they interrupt you while you're trying to speak? Are your answers not being taken seriously? Is there something you can't put your finger on that doesn't feel quite right? Trust your gut.

## Forget the myths and remember your value

We've all been told, "even if the interview doesn't go your way, it's all still good experience." That may be true up to a point, but you also need to value your own time — after all, you're not being paid to be there.

There is nothing wrong with stopping an interview at any stage by politely saying, "Sorry, I don't think this is going to work out. Thanks very much for your time." While gaining interview experience may be valuable, walking out of an interview can be fantastic for your self-esteem. It can be a powerful reminder that when it comes to your own life, you are in the driver's seat. Only by saying no to the wrong opportunities can we remain open to the right ones.

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# Give your commute the boot! Ideal careers for remote working

Wish your journey to work was as simple as switching on your laptop? It can be.

CHRISTIAN TAYLOR
letters@metro.us

Working in an office is overrated. ISTOCK

Packed buses, crowded trains, early morning starts, missed connections – welcome to the joy of commuting! If you've dreamt of swapping your travel time for an extra hour or two in bed, read on.

Technology is revolutionizing the way we work with video calls, shared documents, the cloud – for some careers, if you have a laptop and an internet connection, you are ready to go, wherever you are in the world.

**Working from home: the pros and cons**

Not all jobs are created equal. Some positions really do require you to be physically present in an office, particularly if you are client-facing or need to be in constant contact with your team. Some people may be able to get away with a day or two out of the office now and again,as long as the job gets done.

Remote working certainly has its upsides – every day is "bring your dog to work day," you get to avoid the rat race and reclaim a few precious hours in your week. But it also requires a great deal of self-discipline. That means creating a work space that's free from distractions, clearly drawing a line between work and home life, and ensuring you have the facilities to ensure you flourish at home, like Google Docs and group chat services like Slack.

**Ideal jobs for remote workers**

Developer: There is high demand for coders, software engineers and hackers – if you have solid skills in these areas, you'll have no trouble finding work. W3schools.com and General Assembly are both great places to start if you want to up-skill.

Freelance writer/editor: If you have a flair for words and can deliver articulate copy quickly and to a high standard, you'll be able to build a strong portfolio and build your reputation.

Designer: This includes graphic design, web design or user-experience and user-interface design. Like a writer, building a strong portfolio will help to unlock doors in future. If you're just starting out, check out design courses on platforms like Udemy.

Digital marketing: If you're a bit geeky with a creative side, digital marketing may be the way to go. This can include managing social media accounts and strategies for brands, running digital ad campaigns, affiliate marketing and inbound marketing.

Customer support: Many large companies, including Apple and Basecamp, have remote-based staff chatting to customers on the phone or via live-chat services.

Virtual assistant: As the name suggests, virtual assistants are just like regular assistants, but everything is done virtually – from answering phones and emails to scheduling appointments and booking travel and accommodation. The scope of a VA role is about as broad as it gets – it really depends on who you're working for.

**How to find remote jobs**

There are a number of jobsites dedicated to remote working, including WeWorkRemotely, Remotive.io, SupportFocused and FlexJobs. You can also search on traditional job sites using keywords like "remote working" and "telecommute." The work-from-home dream is within reach! You just need to know where to look to find these jobs.

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# 2018 World Cup Preview: Group A

JOE PANTORNO
joseph.pantorno@metro.us

## EGYPT

"THE PHARAOHS"

**TIMES QUALIFIED:** 3
**LAST APPEARANCE:** 1990
**BEST FINISH:** 13th (1934)
**WORLD RANKING:** 46th

**THE STAR**
MOHAMED SALAH
**CLUB TEAM**
LIVERPOOL (ENG)

We've seen stars representing smaller countries in past World Cups, whether it was Didier Drogba with the Ivory Coast or Edin Dzeko with Bosnia and Herzegovina, to name a couple. But there is no other player in the world right now playing better than Egypt's Mohamed Salah, who is coming off a monumental season with Liverpool in the Premier League, which included a trip to the Champions League Final. He is the sole reason as to why Egypt qualified for its first World Cup Finals in 28 years and will be reason why they'll have any sort of success in Russia. All eyes will be on that dislocated shoulder picked up in the Champions League Final against Real Madrid.

## GROUP A SCHEDULE

**JUN. 14, 11 AM**
RUSSIA v. SAUDI ARABIA

**JUN. 15, 8 AM**
EGYPT v. URUGUAY

**JUN. 19, 2 PM**
RUSSIA v. EGYPT

**JUN. 20, 11 AM**
URUGUAY v. SAUDI ARABIA

**JUN. 25, 10 AM**
SAUDI ARABIA v. EGYPT

**JUN. 25, 10 AM**
URUGUAY v. RUSSIA

## RUSSIA

"SBORNAYA"

**TIMES QUALIFIED:** 11
**LAST APPEARANCE:** 2014
**BEST FINISH:** 4th (1966)
**WORLD RANKING:** 66th

**THE STAR**
IGOR AKINFEEV
**CLUB TEAM**
CSKA MOSCOW (RUS)

This will be the first time that the World Cup is being held in Russia and the hosts don't have an overly difficult group. It could mean that the home fans could see a possible run to the knockout stages despite its meager world ranking. History suggests they'll be in trouble though considering Russia has bowed out at the group stage in each of its last four World Cup appearances. They'll look to buck the trend in 2018 behind a young midfield led by youngsters Aleksandr Golovin along with twins Aleksei and Anton Miranchuk.

## URUGUAY

"THE SKY BLUE"

**TIMES QUALIFIED:** 13
**LAST APPEARANCE:** 2014
**BEST FINISH:** WINNERS ('30, '34)
**WORLD RANKING:** 17th

**THE STAR**
LUIS SUAREZ
**CLUB TEAM**
BARCELONA (ESP)

Russia could be Uruguay's last chance at glory on the World Cup stage for quite some time. Both Luis Suarez and Edinson Cavani are 31 years old and capable of leading the nation to the top of Group A with little issue. This is by far the best side of the foursome with plenty of international and World Cup experience to steer the Sky Blue into the knockout stages of the tournament, which is familiar territory for them. After a fourth-place finish in South Africa in 2010, Uruguay made it to the Round of 16 in Brazil four years ago.

## SAUDI ARABIA

"THE GREEN FALCONS"

**TIMES QUALIFIED:** 5
**LAST APPEARANCE:** 2006
**BEST FINISH:** 12th (1994)
**WORLD RANKING:** 67th

**THE STAR**
NAWAF AL ABED
**CLUB TEAM**
AL-HILAL (KSA)

The lowest-ranked team of Group A doesn't offer much experience on any major international stage. However, they do have some talent playing in some of the world's top leagues outside of Saudi Arabia. While Nawa Al Abed is the engine that will keep the Green Falcons' midfield running, there is talent in the form of Salem Al-Dawsari and Fahad Al-Muwallad, who play in Spain's La Liga for Villarreal and Levante, respectively.

# Should the Knicks draft Trae Young?

The 2018 NBA Draft prospect might not fill the Knicks' most immediate need, but he could be a generational talent.

JOE PANTORNO
joseph.pantorno@metro.us

Oklahoma point guard and 2018 NBA Draft prospect Trae Young might be good enough for the New York Knicks to throw all logic out the window.

That logic being the team is in desperate need of a playmaking small forward to officially replace Carmelo Anthony.

New York traded the veteran to the Oklahoma City Thunder shortly before the start of the 2017-18 season and ineffectively attempted to make Tim Hardaway Jr. his successor.

In the meantime, they've amassed a bit of a logjam at the point guard position as the franchise continues its seemingly futile search for a floor general. The addition of Emmanuel Mudiay and the emergence of Trey Burke has forced the Knicks to experiment with the notion of moving Frank Ntilikina to shooting guard as he continues to develop (and grow) in the NBA.

Since the start of last season, Ntilikina has reportedly grown an inch from 6-foot-5 to 6-foot-6.

With three young guards that could bring legitimacy to New York's backcourt already on the roster, a reasonable move with the team' No. 9 pick in this month's draft is to take a small forward.

Villanova's Mikal Bridges is the best two-way prospect in this year's draft class and could vastly improve both the Knicks' defense and outside scoring.

Oklahoma product Trae Young is on the Knicks' radar ahead of the 2018 NBA Draft at the end of this month. GETTY IMAGES

However, Young has been a phenom ever since bursting on the scene with Oklahoma. So much so that he is being dubbed by some as the next Stephen Curry.

Those comparisons come thanks to his outside scoring abilities, displaying a knack to make shots well beyond NBA three-point range look simple. But Young has to work on his inside game as he struggles to finish near the basket on drives.

The Knicks seem enamored, regardless of their needs and were able to secure a private workout with Young. It's quite a feat considering the 19-year-old is expected to work out for "fewer than a half-dozen teams," per the New York Post.

The past 18 years suggest that whatever the Knicks do, minus the selection of Kristaps Porzingis, will likely turn out badly. But by drafting the best talent available at No. 9, president Steve Mills and general manager Scott Perry could possibly buck the trend of draft-day duds in New York.

So by throwing logic out the window and adding yet another point guard to the mix, the Knicks could maybe better their chances at finding a gem.

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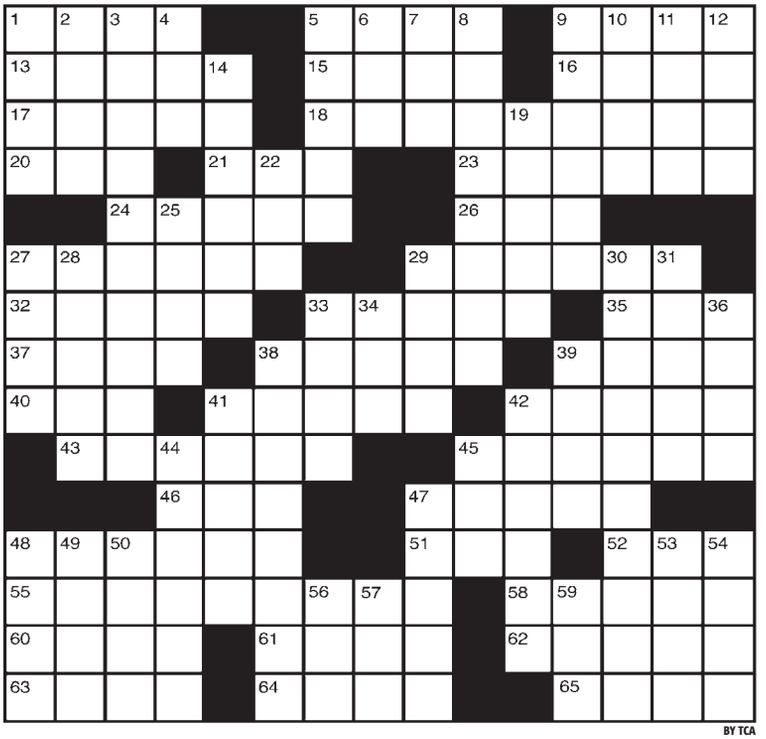
### ACROSS

1 Sparrow's home
5 Weeps
9 Under the weather
13 "Sesame Street" fellow
15 Outdoor meal
16 Nat King __
17 Backbone
18 Reddish ape
20 Storm center
21 Dyer's tub
23 Crab Louie and coleslaw
24 Horse's cry
26 Joint nearest the waist
27 Series of 8 piano keys
29 Horses with two-colored coats
32 Go skyward
33 Connery and Penn
35 By way of
37 Take a break
38 One's special ability
39 __-seated; firmly established
40 "Ready, __, go!"
41 Emery boards
42 Mournful hymn
43 Not genuine
45 Zodiac sign
46 "__ whiz!"
47 Long seat
48 Leisurely walk
51 Lamb's mother
52 Initials for inventor Bell
55 Southern state
58 More unusual
60 Colony members
61 __ on; trampled
62 Plato's "S"
63 Pillar
64 Strong urges
65 In case

### DOWN

1 Snout
2 Catch sight of
3 Botanists & biologists
4 Sunbather's reward
5 Laziness
6 Start of the Lord's Prayer
7 Cry from the flock
8 Daylight
9 Carve a statue
10 Tiny bit
11 Not naked
12 Griffey Sr. & Griffey Jr.
14 Restore to consciousness
19 Puts on weight
22 Info on a hospital wristband
25 Vane direction
27 Boatman's needs
28 Scuzzball
29 Boone and Benatar
30 Engage in price gouging
31 Military blockade
33 Song for one
34 Before
36 Copies
38 Faithfulness
39 __ jockey; radio personality
41 Gas and coal
42 Eateries
44 Braggart
45 Church seat
47 Necklace pieces
48 __ in the face; insult
49 __ avail; fruitlessly
50 Grooves
53 Rubies & opals
54 Sassy child
56 "We __ not amused"; line from Queen Victoria
57 Prefix for fiction or fat
59 Feel rotten



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| Durant | MVP | Trophy |
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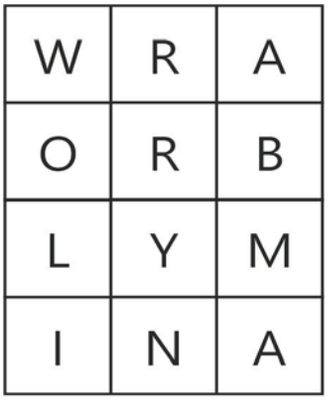

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| | | 8 | 4 | | | 5 | | 7 |
| | | 1 | 8 | | | 2 | | |
| | | 6 | 7 | 8 | 9 | | 5 | 1 |
| | 1 | | | | | | 3 | |
| 5 | 8 | | 1 | 3 | 4 | 6 | | |
| | | 3 | | | 7 | 9 | | |
| 1 | | 5 | | | 8 | 3 | | |
| | | | 3 | | 5 | 8 | 4 | 6 |

### Yesterday's Answers

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Q | U | O | T | A | | | W | A | D | E | S | | |
| B | U | R | I | E | D | | T | A | T | A | M | I | | |
| A | I | S | L | E | S | | A | R | T | H | U | R | | |
| S | P | A | S | M | | E | M | M | A | | | | | |
| | | | | S | H | O | P | | R | A | T | A | | |
| | C | C | S | | G | E | A | R | | M | O | B | | |
| Q | U | A | I | N | T | | | E | L | O | P | E | | |
| T | R | U | C | E | | | E | L | I | C | I | T | | |
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| | | | A | U | E | L | | N | O | T | R | E | | |
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